

Join Us TODAY!



2020 Schedule

Muay Thai | MMA | Kids Classes

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:00 AM to 7:00 AM	All Levels Muay Thai	All Levels Muay Thai	All Levels Muay Thai	All Levels Muay Thai	All Levels Muay Thai		PRIVATE LESSONS By Appointment
6:30 AM to 7:30 AM	Strength and Conditioning		Strength and Conditioning		Strength and Conditioning		
9:00 AM to 10:00 AM						Strength and Conditioning	
10:00 AM to 11:00 AM						All Levels Muay Thai	
5:30 PM to 6:30 PM	Strength and Conditioning	Strength and Conditioning	Strength and Conditioning	Strength and Conditioning	Strength and Conditioning		
	Kids Muay Thai		Kids Muay Thai		Kids Muay Thai		
6:30 PM to 7:30 PM	Beginners Muay Thai	Beginners Muay Thai	Beginners Muay Thai	Beginners Muay Thai	Beginners Muay Thai		
7:30 PM to 8:30 PM	Advanced Muay Thai	Advanced Muay Thai	Advanced Muay Thai	Advanced Muay Thai	Advanced Muay Thai		

To schedule a FREE introduction class, sign-up, or book a private lesson contact Gustavo Romero at (617) 304-9574.

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